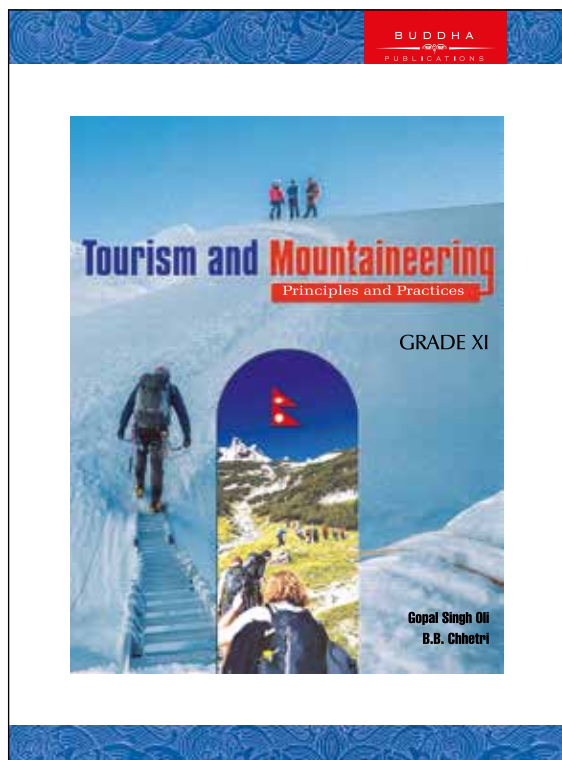




Tourism and Mountaineering

Principles and Practices

GRADE XI



Gopal Singh Oli
B.B. Chhetri



Tourism and Mountaineering

Principles and Practices

New Edition 2021

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Publishers: **Buddha Publications Pvt. Ltd.**
Anamnagar, Kathmandu - 29, Nepal
Tel. 00977-1- 5705165, 5705210, 5705177
e-mail: info@buddhapublicaiton.com
www.buddhapublication.com

Design by: **Jagadish Baskota**

Price: **Rs.310.00**

ISBN: 978-9937-30-395-8

Printed in Nepal



नेपाल सरकार
शिक्षा, विज्ञान तथा प्रविधि मन्त्रालय

पाठ्यक्रम विकास केन्द्र

सानोठिमी, भक्तपुर

(...मान्यता, समकक्षता तथा मूल्याङ्कन शाखा)

फोन नं. ६६३०५८८

६६३४११९

६६३००८८

फ्याक्स: ६६३०७९७

नोटिस बोर्ड: १६१८०१६६३०७९७

सानोठिमी, भक्तपुर

www.moecdcd.gov.np

२०७८/०७९

पत्र संख्या:-

चलानी नं.:- ६३६

२०७८/०५/०३

मिति:

विषय : पाठ्यसामग्री स्वीकृति सम्बन्धमा ।

श्री बुद्ध पब्लिकेसन्स प्रा.लि.

काठमाण्डौ ।

प्रस्तुत विषयमा त्यस प्रकाशनबाट मूल्याङ्कन र स्वीकृतिका लागि तोकिएको अवधिभित्र पेस हुन आएका तपसिलबमोजिमका पाठ्यसामग्री आवश्यक निर्णयार्थ पाठ्यसामग्री व्यवस्थापन तथा मूल्याङ्कन समितिमा पेस हुँदा विद्यालय शिक्षाको राष्ट्रिय पाठ्यक्रम प्रारूप २०७६, माध्यमिक शिक्षा पाठ्यक्रम (कक्षा ११ र १२), पाठ्यसामग्री विकाससम्बन्धी विद्यमान प्रावधान, ऐन, कानून, निर्देशिका, कार्यविधि, प्रकाशन शैलीका प्रावधान, पाठ्यक्रम विकास केन्द्रले विभिन्न समयमा जारी गरेका र पाठ्यसामग्री सुधार/परिमार्जन/पुनर्लेखनका लागि दिइएका सुझाव र निर्देशनको परिपालना गरी स्वीकृति दिन सिफारिस भएअनुसार यस केन्द्रको मिति २०७८/०५/०२ गतेको निर्णयानुसार तपसिलमा उल्लिखित निर्देशनको पूर्ण परिपालना गरी शैक्षिक वर्ष २०७८, २०७९ र २०८० गरी तीन शैक्षिक वर्षका लागि गुणस्तरीय एवम् त्रुटिरहित पाठ्यसामग्री विकास गरी प्रकाशन गर्न स्वीकृति प्रदान गरिएको छ । विद्यमान सैद्धान्तिक व्यवस्था, ऐन, कानून, निर्देशिका, कार्यविधि, पाठ्यक्रम विकास केन्द्रले विभिन्न समयमा जारी गरेका निर्देशनलगायतका प्रावधानहरूको पूर्ण परिपालना नगरी गुणस्तरहीन पाठ्यसामग्रीको विकास, प्रकाशन र विक्रीवितरण गरेको पाइएमा, पाठ्यक्रम परिवर्तन भएमा वा यस केन्द्रबाट अन्य निर्णय भएमा यो स्वीकृति जुनसुकै बेला रद्द हुने छ ।

तपसिल :

(क) पाठ्यसामग्रीको नाम :

१	Travel and Tourism	माध्यमिक तह/ कक्षा ११
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(ख) निर्देशन :

- आवरण पृष्ठको अघिल्लो (Front) भागको बायाँ (Verso) पृष्ठमा नेपालको आधिकारिक नक्सा र आवरण पृष्ठको पछिल्लो (Back) भागको दायाँ (Recto) पृष्ठमा कोभिड १९ सङ्क्रमण रोकथामसम्बन्धी सूचना यस केन्द्रको वेबसाइटबाट डाउनलोड गरी समावेश गर्ने । विषयवस्तुको प्रकृति र आवश्यकताका आधारमा पाठ्यसामग्री भित्रका विषयवस्तुमा समावेश गरिने नक्सा आधिकारिक र प्रामाणिक हुनुपर्ने ।
- स्वीकृति पत्र स्वयं गरी पाठ्यसामग्रीको शीर्षक पृष्ठभन्दा पछि दायाँ (Recto) पृष्ठमा समावेश गर्ने । पाठ्यसामग्रीको प्रत्येक पृष्ठको पुच्छर (Footer) मा पाठ्यक्रम विकास केन्द्रबाट स्वीकृत भन्ने व्यहोरा उल्लेख गरी प्रकाशन गरेको पाठ्यसामग्रीको तीन प्रति यस केन्द्रमा पेस गरेपछि मात्र विक्रीवितरण गर्ने । शिक्षा, विज्ञान तथा प्रविधि मन्त्रालयको निर्णयअनुसारको मूल्य कायम गर्ने र मूल्य सर्वाधिकार पृष्ठमा राख्नुपर्ने । प्रतिलिपि अधिकार (Copy right) को सम्बन्धमा लेखक र प्रकाशक स्वयम् जिम्मेवार हुने ।
- पाठ्यसामग्री विकाससम्बन्धी विद्यमान प्रावधान तथा पाठ्यसामग्री सुधार र परिमार्जनका लागि यस अघि दिइएका सुझाव र निर्देशनको पूर्ण परिपालना गर्ने । माध्यमिक शिक्षा पाठ्यक्रम (कक्षा ११ र १२) २०७६ का तहगत सक्षमता, कक्षागत सिकाइ उपलब्धि हासिल गर्ने सहयोग पुर्नेगरी विषयवस्तुको क्षेत्र र क्रम, प्रयोगात्मक तथा परियोजना कार्यअन्तर्गतका सम्भाव्य क्रियाकलापका उदाहरण, क्षेत्र वा एकाइगत कार्यघण्टा, सिकाइ सहजीकरण विधि र प्रक्रिया, विद्यार्थी मूल्याङ्कन विधि तथा प्रक्रिया आदि समेतलाई ध्यानमा राखी पाठ्यसामग्रीलाई पूर्णरूप दिने ।
- विद्यार्थीलाई थप भार पर्ने गरी पाठ्यक्रममा समावेश नगरिएका विषयवस्तु, अभ्यास तथा सिकाइ क्रियाकलाप पाठ्यसामग्रीमा समावेश नगर्ने ।
- प्रत्येक एकाइ/पाठमा अभ्यासका लागि प्रश्नहरू समावेश गर्दा सरलदेखि जटिल हुनेगरी समावेश गर्ने । विभिन्न एकाइ/पाठमा अभ्यासका लागि समावेश गरिएका प्रश्नहरूको उत्तर समावेश नगर्ने । प्रश्नोत्तरको शैलीमा समावेश गरिएका अभ्यास हटाउने ।
- राष्ट्र, राष्ट्रिय एकता, सार्वभौमिकता, भौगोलिक अखण्डता, स्वाधीनता, राष्ट्रिय हित, पहिचान, सम्मान र समृद्धिमा आँच आउने तथा विभिन्न जातजाति, भाषा, धर्म, संस्कृति, सामाजिक सहिष्णुता, सद्भाव, सांस्कृतिक मूल्यमान्यता, रहनसहन आदिमा प्रतिकूल प्रभाव पार्ने कुनै पनि विषयवस्तु, उदाहरण, चित्र, अभ्यास, सिकाइ क्रियाकलाप समावेश नगर्ने ।
- जातजाति, भाषा, धर्म, संस्कृति, वर्ण, क्षेत्र, लैङ्गिकता, अपाङ्गता, पेसा, व्यवसाय, सामाजिक सांस्कृतिक अवस्थाका आधारमा भावनात्मक रूपमा चोट पुऱ्याउने, आक्षेप लान्ने, होच्याउने र विभेदीकरण गर्ने किसिमका विषयवस्तु, उदाहरण, चित्र, अभ्यास, सिकाइ क्रियाकलाप समावेश नगर्ने ।

मनिबहादुर थापा
पाठ्यक्रम अधिकृत

पुनश्च : यो स्वीकृति शैक्षिक वर्ष २०७८, २०७९ र २०८० का लागि प्रदान गरिएकाले सोहीबमोजिम प्रकाशन, विक्री वितरण र प्रयोग गर्नु गुराउनुहुन सम्बन्धित सरोकारवाला सबैमा अनुरोध छ ।



PREFACE

Tourism and Mountaineering definitely has the inherent potential to grasp the students' interest due to its significance to hospitality. A dire need of tourism professionals has always been felt in the context. Lately, tourism has become an admirable profession which young boys and girls are proud to join and get trained for various levels and positions. This book is, therefore, a humble attempt, to give a general idea to the students, teachers and professionals involved in the sphere of tourism and mountaineering trade and business.

A text book, Tourism and Mountaineering is designed for grade XI as per the new syllabus - 2076, and prescribed by the Curriculum Development Centre of Nepal. The purpose of this book is to provide a sound knowledge on utmost areas of tourism with practical dimension. A rigorous attempt has been made to incorporate all the basic materials in a very lucid, systematic and brief account for the benefit of those students, who are desirous to begin or have already begun their studies in tourism and mountaineering, and also to those who have engaged themselves in acquiring and imparting knowledge in this area. It will be a good reference book to the students of BTTM and BHM as well. In the meantime, it will absolutely prove to be a very handy book to those who are opting to take-up tourism and mountaineering related training as a vocational education.

According to the new syllabus of this course, we have written this book covering all the units and teaching manuals, and proper attention has been given to communicate broad knowledge of the concepts. Aiming to full fill the dire need of innumerable students, we have written this book from our own experience of one decade, deep study and discussions on related materials.

I would like to convey my sincere thanks to Prof. Dr. Mr. Ramesh Raj Kunwar, senior lecturers of travel and tourism management. I would like to appreciate my students who were involved in discussions that helped us to expand our vision. I greatly appreciate the love and support provided by family members, who have definitely missed many precious moments of their daily life by being patient for one year while I worked to make text script on the book.

At the last but not the least, my deepest thanks to Mr. Nabaraj Bajgain, Managing Director, Buddha Publications Pvt. Ltd. for bringing this book in such a vibrant way. I highly appreciate his incessant support and technical back-up. I also would like to sincerely acknowledge the terrific computer works and designs worked out by Mr. Jagadish Baskota.

Finally, I would like to request all the concerned teachers, students and professionals to continue sending their valuable comments, continuous support and sincere suggestions for the inception of this book. Your valuable comments and suggestions have always been and will be highly solicited.

Author



SALIENT FEATURES

Teaching and learning is an artful process of imparting the knowledge, attitude and skills to the learners in order to enhance the future professions and competencies. For the empowerment of learners, the book is written according to the new syllabus in order to enable learners/students to understand the course content for writing assignments and making presentations. So, it is advised to the students see and read overall units and topics of your text book precisely. Teachers will also find it easy and interesting in the preparation of each module for classroom teaching, exercise, and evaluation. Hence, it is specified some guidelines for the students to attain the complete knowledge of the pedagogical advantage of each chapter and topic of tourism and mountaineering subject. Salient features of this paradigm are as follows:

- **Learning Objectives:** Each chapter begins with learning objectives, identifying specifically what the students are expected to learn after completing each given chapter. The learning objectives are listed with emphasis and appropriate formatting to underscore their importance. This section highlights the headings of each topic, which creates the interest and need of learners to accelerate their study.
- **Things to Remember (TTR):** I firmly hope and believe that the addition of TTR (Diminutive justification of the same topic) in this book will certainly make reading more worthwhile. The reader will be able to grasp the essential information and knowledge in a very brief but expressive style at the end of each topic.
- **Home and Class Assignment:** It is a daily or periodical assessment of the students and their appraisal methods of quality performance in their respective classes. In this list, the questions are designed for the retention, proper concept and meaning of the question topics in order to attempt the questions in the final examination. So, it is advised to teachers assign the home work and class work after each class session for the students' perfection and feedback.
- **List of Key Terms, Concept and Acronyms:** An elaborate list of key terms is given at the end of each unit for a quick review as a part of knowledge unit. It will also help the students to answer 'definition' type question (very short questions) and terminology asked in the final examination. As well as learners will be able to use these terms and acronyms in answers that makes their enlightenment very expressive and specific.
- **Review Questions:** It is an evaluation method of students after completing the study of each unit. According to teaching manual developed by HSEB, the list of exercise questions is provided at the end of each unit. The exercise questions are compiled in such a way that the students will get to revise the unit and question patterns have been asked to the learners for very short, short and long answers.
- **Numerous Illustrations, Figures and Diagrams:** Each unit is well illustrated with numerous illustrations, figures, and diagrams to reinforce learning. These illustrations will help students conceive a broad idea about the contents. This will also enable the students to make their assignment and project work more valuable and comprehensive.
- **Project Works (practical activities):** It is designed to increase students' involvement in the learning process. In the meantime, the list of project works of tour/visit programs of the various tourist sites and tourism organizations will enlighten the students and enhance their creativity by taking individual initiative. The preparation of project report will orient the students with outside world and presentation will develop their effective communication skill.
- **Index:** It is an enlistment of topics and sub-topics with page numbers that carries from each chapter of a book. It is usually arranged at the end of a book in alphabetical orders.

Author



SYLLABUS

SECONDARY EDUCATION CURRICULUM

TOURISM AND MOUNTAINEERING

Class: XI

Code: TMS 305

Annual working hours: 160

Credit hours: 5

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